Build your own fitness plan! At Galter LifeCenter, we understand that there is no one-size-fits-all plan for reaching your fitness goals. From personal training to our unique Unlimited Membership option, we offer a host of options for you to choose from, bundle and try at your convenience! Get started on creating a fitness program that's tailored just for you by choosing from the options below:
 □ Fitness floor orientation □ One-on-one fitness consultation □ Free lab work □ 1 FREE Water Movement and You session
In addition, choose ANY of the following specially priced introductory offers for new members:
 □ 3 personal training sessions for \$99 □ 2 60-minute massage, watsu or acupuncture sessions for \$119 □ Buy 3 Pilates sessions get one FREE - that's 4 sessions for \$180

Dont forget: You get 3 free passes to Unlimited classes and 3 free guest passes every calendar year.



