

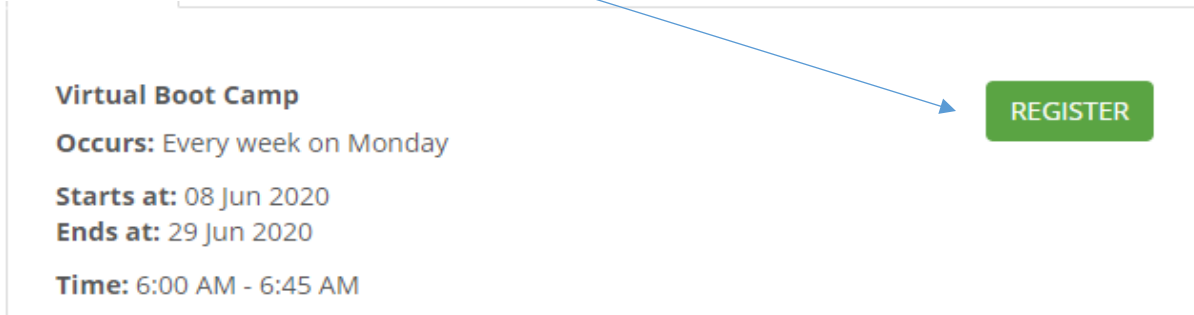
HOW TO REGISTER FOR A VIRTUAL GROUP FITNESS CLASS

1. Locate the classes you would like to attend.

To see a full list of our Virtual Group Fitness class offerings go to our Virtual Group Fitness page [here](#).

If you would like more information about a specific class type go to our classes page [here](#), and read the details section of that class type.

2. Once you find your class, click on the green register button to get to the Zoom registration screen.



Virtual Boot Camp
Occurs: Every week on Monday
Starts at: 08 Jun 2020
Ends at: 29 Jun 2020
Time: 6:00 AM - 6:45 AM

REGISTER

3. Fill out the Zoom registration completely and click the blue register button. The email you provide here is where your confirmation email will be sent. We have noticed some email providers (sbcglobal, aol, hotmail, comcast) are having difficulty receiving confirmation emails. We recommend using gmail whenever possible.

Topic	Boot Camp with Jesse
Description	<p>A Virtual Class Pass is required for this class. You will not be approved to register for the class if you haven't purchased the pass.</p> <p>Please visit the My Wellness portal at galterlifecenter.org to get started. If you do not have a My Wellness account, please call 773-878-9936, ext. 5660 to create one.</p> <p>Every minute counts! Intervals of strength and cardio will take your fitness to a new level. Squat, jump, lunge and burpee your body strong!</p>
Time	<p>Jun 22, 2020 06:00 AM Jun 29, 2020 06:00 AM</p> <p>Time shows in Central Time (US and Canada)</p>

First Name*	Last Name*
<input type="text"/>	<input type="text"/>
Email Address*	Confirm Email Address*
<input type="text"/>	<input type="text"/>
Address*	City*
<input type="text"/>	<input type="text"/>
Zip/Postal Code*	State/Province*
<input type="text"/>	<input type="text" value="Choose One..."/>
Phone*	
<input type="text"/>	

* Required information

4. After your registration is approved you will receive a confirmation email like the one below. Approval may take up to 48 hours but will always be checked before the start of classes. **We recommend saving this email or using the provided links to add the class to your calendar so that you can easily access the join link each week.** Your registration to the class and approval is good for the entire month of the class.

5. Use the "Click Here to Join" link to join the class.

Thank you for registering for "Boot Camp with Jesse".

Please submit any questions to: glcclasses@schosp.org

Date Time: Jun 22, 2020 06:00 AM Central Time (US and Canada)

Every week on Mon, until Jun 29, 2020, 2 occurrence(s)

Jun 22, 2020 06:00 AM

Jun 29, 2020 06:00 AM

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://zoom.us/meeting/attendee/TJAfce6vpjkiGdwrD53GmcZhqUFukfYhNs3K/ics?user_id=B-T_Onp_RYW6_M4aj0INcQ

Join from PC, Mac, Linux, iOS or Android: [Click Here to Join](#)

Password: 037248

Note: This link should not be shared with others, it is unique to you

[Add to Calendar](#) [Add to Google Calendar](#) [Add to Yahoo Calendar](#)

Or iPhone one-tap

US: +13126266799,,94067782838# or +13017158592,,94067782838#

Or Telephone:

Dial(for higher quality, dial a number based on your current location):

US: +1 312 626 6799 or +1 301 715 8592 or +1 646 558 8656 or +1 346 248 7799 or +1 669 900 9128 or +1 253 215 8782

Meeting ID: 940 6778 2838

Password: 037248

International numbers available: <https://zoom.us/u/adGFnQeIEf>

Calendar Appointment View

If you save classes to your calendar you can join from your appointment by clicking on the join link or by dialing in using the meeting ID and password.

Subject	Boot Camp with Jesse		
Location	https://zoom.us/j/94067782838?tk=dAayeay8LyMpND_lufP6P-rYxBGwTIC4Lsbplw2tVAU.DQIAAAAV5uB0thZCLVRFT25wX1JZVzZfTTRhajBJTmNRAAAAAAAAAAAAAAAAAAAAAA		
Start time	Mon 6/22/2020	6:00 AM	<input type="checkbox"/> All day event
End time	Mon 6/22/2020	6:45 AM	

GLC Virtual Fitness is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

https://zoom.us/j/94067782838?tk=dAayeay8LyMpND_lufP6P-rYxBGwTIC4Lsbplw2tVAU.DQIAAAAV5uB0thZCLVRFT25wX1JZVzZfTTRhajBJTmNRAAAAAAAAAAAAAAAAAAAAAA&pwd=OUk2R0tKc2txLzMsC

Meeting ID: 940 6778 2838

Password: 037248

One tap mobile

+13126266799,,94067782838#,,,,0#,,037248# US (Chicago)

+13017158592,,94067782838#,,,,0#,,037248# US (Germantown)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 301 715 8592 US (Germantown)

+1 646 558 8656 US (New York)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 940 6778 2838

Password: 037248

Find your local number: <https://zoom.us/u/adGFnQeIEf>